

From the Principal



Emma Young, Glass Artist: www.emmayoungglass.com.au

Dear Parents/Guardians, Friends, Staff and Students of OLSH College,

Last week the Science Learning Area brought to life National Science Week with the theme 'Glass: More than meets the eye.' The week long attention on the Sciences highlighted and celebrated the many roles that glass plays in our lives from phone screens to optical fibre to glassware in our everyday use. The ABC program *Behind the News (BTN)* which aired on Tuesday 16 August, featured Glass Artist and OLSH Alumna, Emma Young. Emma (Class of 2009) described how she uses glass in her work. Emma's exquisite and unique artwork is exhibited at the Jam Factory regularly. If you have not had a chance to view Emma's artwork please add it to your list of things to do. We congratulate the Science Learning Area team led by Science Coordinator – Ms Caroline Beekman for all their efforts, teamwork, and fervour in living out the Science week theme 'Glass: More than meets the eye.'

This week we are in the midst of Children's Book Council of Australia (CBCA) Book Week with the theme of 'Dreaming with eyes open...' The week helps promote the joy of reading and in so doing, supports literacy development for our young people. Book Week is a fantastic opportunity to encourage and inspire a love of reading. We thank Ms Hayley Mitchell, Ms Tanja Janycky and their many library assistants who are helping to coordinate, collaborate, organise, and celebrate Book Week 2022 'Dreaming with eyes open...'

The themes for both of these weeks are complementary as they invite our girls to see, imagine, visualise, be inspired, and delve deeper. In our year of *Pursuing Excellence*, we remind our OLSH girls that "Life isn't about what you don't have. It's what you do with the gifts that you're given." Let us encourage our girls (your daughter) to be; **Brave** to try new things, **Curious** about learning, **Creative** in her endeavours and thinking, **Inspired** and engaged to learn, **Healthy** with a balanced outlook toward her education and life, and above all, **Kind** to herself and others in her interactions.

Next week we look forward to the many activities, learning, and opportunities that Numeracy Week will offer our OLSH girls. I know our Mathematics Learning Area team and Coordinator, Ms Rosa Santopietro will not disappoint with what is planned.

Last Monday on the student free day (15 August) OLSH College staff participated in our annual Reflection Day. We all know that we work better when we are fresh and rested. From the book of Genesis (1:1 - 3) "God finished his work of creation and rested, making the seventh day a special holy day" and Maya Angelou the American poet said that "Each person deserves a day away in which no problems are confronted, no solutions searched for."

From Thursday (25 August) the OLSH College Leadership will attend the annual OLSHLinks Leaders Conference. This year OLSH College - Kensington (NSW) will host the three OLSH College Leadership teams from OLSH Bentleigh (Victoria), OLSH Kensington (NSW) and OLSH Enfield (SA) as well as Provincial Leaders, Sister Philippa and Sister Lorraine. Sisters Philippa and Lorraine were both former staff members here at OLSH College (Enfield) and are known by current, long standing OLSH Staff. The conference provides us with the opportunity to re-connect with our good friends and OLSH family. For the OLSH school communities represented, we reflect on the past, present, and imagine the future through the lens of our four Pillars of OLSH Education, namely:

- We are Heart people who are Faith Filled,
- We are Heart people who Reverence Relationships,
- We are Heart people who Pursue Excellence,
- We are Heart people who Touch the Hearts of Others.



This time of the year is selected by the OLSH Colleges as it coincides with the birth of our founder, Mother Marie Louise Hartzler – the first Congregational leader of the Daughters of Our Lady of the Sacred Heart. Her deep love of God, her courage to take the risk and bring to reality the vision of Jules Chevalier is at the heart of the story of our OLSH sisters, and it is at the heart of our story here at Enfield along with Bentleigh, and Kensington too. May each of us be inspired to live with deep love and courage as we seek to continue to be faithful to that same vision ... to be on earth the Heart of Christ.

I take this opportunity to thank Ms Rosa Santopietro (Mathematics Learning Area Coordinator and Senior Campus Coordinator) for her leadership of the College over the next two days with the expert support of PA, Sue Thompson. Thank you. (continued p3)

2022 TERM DATES

TERM 2	Tuesday 3 May - Friday 8 July
TERM 3	Monday 25 July - Friday 30 September
TERM 4	Monday 17 October - Thursday 8 December

2022 DIARY DATES

TERM 3

24 August	Year 10 Subject Counselling & PLP Interviews
29 August	Year 10 Immunisations
30 August	College Tours 9:30am & 5:30pm
5 September	Student Free Day
9 September	Our Lady of the Sacred Heart Feast Day Mass Early Dismissal 12:30pm
20 Sept	Performing Arts Showcase @ The Parks
26 Sept	Year 8 Immunisations
27 Sept	Effort Assembly College Tours 9:30am & 5:30pm
30 Sept	Last day of Term 3

TERM 4

17 October	Term 4 begins
25 October	College Tour 9:30am & 5:30pm
28 October	Last day for SACE Externally examined Subjects
1 November	All Saints Day
2 November	All Souls Day
6 November	2023 Year 7 Orientation Day
9 November	Year 10 Churches Excursion
11 Nov	Remembrance Day
16 Nov	2023 Year 7 Transition Day
22 Nov	Academic and Farewell Assembly End of Year Mass 6.30pm

Please be aware subsequent advice from SA Health may alter these requirements. The College will advise families as soon as practicable and known. The College thanks you in advance for your understanding should this be the case. In line with SA Health advice, students and guests must not attend if they are unwell (even mildly unwell) and experiencing cold and/or flu like symptoms.

ENROLMENT EXIT

When students leave school of their own volition, the family must provide a minimum of one Term's notice in writing, addressed to the Principal of their decision to withdraw their daughter/s from the College. Verbal notification or notification to a staff member other than the Principal, is not considered due notice. In the event a Term's notice has not been provided, a fee is payable which is the equivalent of one Term's Fee. This condition will also apply to students leaving at the end of the school year who have not provided advice prior to the end of Term 3. Thank you.



Enrolments for 2023 and beyond

SECURE A PLACE FOR YOUR DAUGHTER AT OLSH COLLEGE

Do you have a daughter wanting to come to OLSH College who has not yet enrolled? All future students, including siblings are required to submit an Application for Admission Form to commence the enrolment process. Enrolments for 2023 are now being finalised, and interviews for students commencing in 2024 are now underway. We encourage you to visit or contact the Front Office to collect an Application for Admission Form, or phone 8269 8800 to secure a place for your daughter.

PICKING UP & DROPPING OFF YOUR DAUGHTER AT OLSH COLLEGE

A reminder to families about parking around the school when dropping off or picking up your daughter:

- Please use Corralyn Terrace, Ragless Avenue and surrounding streets at the rear of the school.
- Encourage your daughter to walk a short distance from the rear gate to a point further along Corralyn Terrace to ease the congestion of cars accessing this area.
- Please be mindful of other road users, not parking across the driveways of local residents, and ensuring any parking management signs are adhered to.
- Parking is NOT available in the front and rear carparks of the school as these are designated staff carparks.

Thank you for your support and helping to keep our staff, students and other families safe.

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@OLSHCollegeEnfield



@olshcollegeadelaide

FROM THE PRINCIPAL (continued)

Master Plan Update: Each morning on my routine wander around the College I have included a new addition and that is to stop and view the progress of Stage 1 of the Master Plan from the Language Centre balcony. While not a lot has changed from the last fortnight with the earthworks continuing to be the main form of work at this stage, we have noticed increased traffic and movement of trucks, bulldozers, and heavy trucks in and out of the site. The College continues to be in constant communication with the Architect and Construction teams. Last week the Marketing and Publicity team along with our Maintenance Officer placed hoarding along Main North Road with some images of Stage 1 of the Master Plan. *Excitement is Building!*

Staffing Updates: On behalf of the OLSH College Community I take this opportunity to extend every blessing to Ms Rebecca Brook who will be taking maternity leave from the end of this week. We pray for Rebecca and Steve on the birth of their first child.

This week we welcome to OLSH College Mr Daniel Overend who will be teaching the SACE Stage 1 and 2 Chemistry classes and a junior Science class. Daniel is well known to the OLSH College

Community having undertaken temporary relief teaching for much of 2022 with us. We warmly welcome Daniel.

Enrolling at OLSH College: The College is finalising Year 7 enrolments for 2023 and commencing Year 7 2024 enrolment interviews. If you are aware of a family including siblings, friends or neighbours wanting to attend OLSH College, I ask you to encourage them to submit their Application for Admission as soon as possible to avoid disappointment. College Tours occur monthly, please book online via our [website](#) or contact the Front Office. All enrolment enquiries can be directed to our registrar, Mrs Sue Thompson.

Winter Sport Season: We Congratulate all Saturday morning sports teams and coaches who played in the play-offs held over the last two Saturdays. Well done OLSHies! Thank you to parents, siblings, grandparents and other family members who braved the early mornings and cold weather to cheer on our teams.

*May the Sacred Heart of Jesus be Everywhere Loved,
Maria Urbano, Principal*

RETHINK YOUR DRINK

The latest pinboard display to go up in a prevalent corridor in the main campus of the college is titled 'Rethink Your Drink!' Displayed are several drinks including energy drinks, soft drink, orange juice, a sports drink and chocolate milk. Under each drink is a bag containing the exact amount of sugar in each of the drinks displayed. The worst offending drink on display is the energy drink 'Rockstar' containing 84g of sugar (equivalent to 21 teaspoons) and 160mg of caffeine (average cup of coffee contains 63mg). The recommended amount of sugar per day for teenagers is 25g (6 teaspoons). It is also recommended that teenagers do not exceed 100mg of caffeine per day. The table below shows all the drinks displayed on the pinboard.

Caffeine: Studies show that caffeine has more than twice the impact on children as it does on adults. This means young adolescents are more susceptible to caffeine-related symptoms such as anxiety, insomnia, and nervousness. With anxiety being so prevalent in our society, consuming these types of drinks is only adding to the problem. Caffeine is a mood-altering drug, and it may make symptoms of anxiety disorders worse. Some other dangers of energy drinks include dehydration, cardiovascular and neurological issues such as seizures, psychosis, and cardiac arrest. According to the American Academy of Paediatrics, adolescents aged 12 - 18 should not exceed 100mg of caffeine per day.

Sugar: Studies are finding that children and teenagers are consuming too much sugar - and sugary drinks are a big part of the problem. Frequently drinking sugar-sweetened beverages is associated with weight gain, obesity, type 2 diabetes, heart disease, kidney diseases, non-alcoholic liver disease, tooth decay and cavities. We also know that drinking sugar-sweetened beverages from a young age can enhance preferences for sweet food and drinks and displace more nutritious options.

Some tips to help avoid the sugary drinks:

1. Stay hydrated - adolescents need 6 - 8 cups of water daily
2. Read the label - be aware of the sugar content
3. Add fun flavours - Add fruit to water or freeze fruit in ice trays and add to water
4. Carry a bottle of water everywhere.

Drinks featured on the pinboard display:



Water	Powerade	Red Bull	OJ	Choc Milk	Monster	Coke	Rockstar
0g sugar	35g sugar	51g sugar 151mg caffeine	52g sugar	53g sugar	57g sugar 150mg caffeine	64g sugar 53mg caffeine	84g sugar 160mg caffeine

*Recommended amount of sugar per day for teenagers is 25g

*Recommended teenagers do not exceed 100mg of caffeine per day

Nicole Marinos, Year 9/10 Pastoral Care Coordinator

CO-CURRICULAR SPORTS UPDATE



Badminton - Middle OLSH 2 - Runners Up



Badminton - Middle OLSH 1 - Premiers

Winter sport finals were played last weekend, wrapping up a successful season for our teams. Although the weather wasn't always on our side with a number of games played in cold, wet and wintery conditions our girls rose to the occasion and put in some solid performances. Not all games resulted in wins to OLSH, however on the whole, the development of skills and the enjoyment shown by the girls was extremely pleasing to see.

The greatest success came from the sport of badminton with OLSH's solitary Premiership coming from the Middle OLSH 1 team. They defeated the Middle OLSH 2 team in the final. Both teams are to be congratulated for their first and second placings, and we thank and congratulate their coaches, Shruti and Taiba who are OLSH Alumni.

The Senior OLSH 1 badminton team are also to be congratulated having finished in top place after the minor rounds but going down in the final to tough competition. The Senior OLSH 2 badminton team also had a number of wins throughout the season however missed out on playing in the finals.

After a season of nail-biting games our Senior netball team took out 3rd place with a 3 goal win in their playoff. This tight knit team, many of whom have been together since Year 8, and led by Miss Neisha Perkins demonstrated many of the traits we wish to see when playing sport for the school. Their commitment, attitude and encouragement of one another when stepping out on court as well as their professional approach toward training was a delight.

Unfortunately, our Year 9 and Year 10 netball teams did not fare as well in terms of results however it was pleasing to see a number of emerging players, some of whom had not played the game before but have shown great development over the course of the season. We hope to see them all playing again next season.

After an absence of 7 years, the school finally fielded a Middle OLSH soccer team and they did not disappoint. After a slow start and some early losses, they gradually put together a few wins and, on the weekend, defeated their opposition 7 - 0 to take out 3rd spot. It was great to see how far this team has come from the beginning of the season and the close bonds made between girls.

Finally, I would like to take the opportunity to thank the coaches for their efforts in passing on their knowledge to the girls. It is easy to forget just how much time goes into the planning and attending of trainings and games and we truly appreciate all that they do. Thanks must also go to all parents who came out to support our girls and to those who assisted with scoring and timing our netball games and to those who helped out as assistant referees in soccer.

Quin Scacchitti, Saturday Sport Coordinator



Soccer - Middle OLSH Team



Badminton - Senior OLSH Team



Netball - Senior OLSH Team

College Tours

Join us on a College Tour to discover how your daughter will find her place with us and reach her potential. Book now for Tuesday 30 August, 9:30am or 5:30pm!



Thinking of enrolling your daughter at OLSH College?
Classes are being finalised and places are filling fast for 2023.
Interviews are currently underway for 2024. Families are encouraged to contact our Registrar to commence the enrolment process and secure your place.



OLSH

OUR LADY OF THE
SACRED HEART
COLLEGE

STATEWIDE VOLLEYBALL



On Wednesday 3 August, our Year 11/12 volleyball team competed in the 2022 Statewide Volleyball Competition (Pool B) at the MARS Sporting Centre, against girls from Roma Mitchell, Parafield Gardens, and Woodcroft High School. Despite having busy schedules leading up to the competition, limiting the amount of training and practice, the girls played wonderfully and defended well in their matches. After coming third in their pool, the girls played against Kildare (Pool A) where they lost 1-2, placing 6th overall in the competition. The girls showed great sportsmanship and enthusiasm throughout the day, and we are very proud to have been able to participate in this year's competition!

Ryza, Sasha and Thien, on behalf of the Statewide Volleyball Team

ANNOUNCEMENT : ST JOSEPH'S EDUCATION CENTRE

After considerable deliberation and discussion, our governing body, the South Australian Commission for Catholic Schools (SACCS) together with Our Lady of the Sacred Heart College have decided to close St Joseph's Education Centre, effective from the end of Term 3, 2022 (Thursday 29 September 2022). Without question, St Joseph's Education Centre is the lived experience of the Church's mission and echoed in the words of Pope Francis " ... throughout the world Christian communities can become an ever-greater sign of Christ's charity for the least and those most in need." (Jubilee of Mercy, 2017).

A brief history, Our Lady of the Sacred Heart College was approached to take on St Joseph's Education Centre on behalf of the system and the Archdiocesan of Adelaide in April 2009. Initially, St Joseph's Education Centre operated at Fullarton as a campus of Our Lady of the Sacred Heart College and the educational arm of St Joseph's High School/Louise Place with the focus on delivering the South Australian Certificate of Education (SACE). The Centre moved to be located onsite at Our Lady of the Sacred Heart College in October 2011. St Joseph's Education Centre's raison d'être has been first and foremost an educational facility supporting young women (12-22 years of age) who are either expecting a baby or who already have a child and want to engage in education and complete their senior secondary certificate, SACE. To that end an onsite creche and bus servicing Northern Adelaide (in the main) were made available, and an individualised case-management approach adopted. Equally important has been the social, emotional, and wellbeing of the student, student as a parent and their child.

St Joseph's Education Centre under the auspices of Our Lady of the Sacred Heart College has served the community for more than ten years, faithfully and we have been proud of our students and the Centre's many achievements and accomplishments during this time. Closing such a special and unique educational facility is never easy. St Joseph's Education Centre has changed and positively impacted on countless young women and their child(ren), thanks in no small part to the extraordinary, committed, and hard working staff, volunteers, and OLSH College. However, we recognise since the establishment of St Joseph's Education Centre at Our Lady of the Sacred Heart College, the educational landscape has changed, with expanded and increased alternative educational offerings across SA. The latter of which has seen a steady decline in student enrolments in recent years and corresponding significant financial challenges for St Joseph's Education Centre.

We are immensely proud and acknowledge the significant work provided by St Joseph's Education Centre and are reminded of Pope Francis' video message to launch the Global Compact on Education (15 October 2020) *"We should make the person the centre of every educational program and encourage full participation of girls and young women while also listening to the children and the youth when it comes to their needs."*

We thank God for the many blessings of St Joseph's Education Centre, the students, staff, and volunteers present and former who contributed so passionately and positively.

Maria Urbano, Principal



SCIENCE WEEK 'GLASS: MORE THAN MEETS THE EYE'



During National Science Week (15 - 19 August), the Science Learning Area provided all students with the opportunity to be engaged in various activities throughout the week. The 2022 Science Week theme was 'Glass: More Than Meets The Eye'. As a learning area, our goal was to increase student engagement in Science and to inspire young women to consider STEM career pathways.

On Wednesday 17 August, all students had the opportunity to participate in a plethora of interesting activities during a 'Science Carnival' lunchtime session. Students enjoyed competing in our 'Microscope Photography Competition' where they had to take photos of various specimens through the microscopes' magnifying lenses. The student prize winners (which were determined by student votes) will be announced at the next general assembly in Week 6. Students also enjoyed participating in a refractive art activity, building snow globes and constructing kaleidoscopes. A highlight for students included eating flavoured snow cones and creating glass-like epoxy resin bookmarks. Science teachers even wore custom made t-shirts to celebrate the occasion!

Caroline Beekman, Science Coordinator



2022 BRAIN BEE STATE FINALS



Last Thursday, Eman, Sienna, Shiuli and Vannamei travelled to Flinders University to compete in the 2022 Brain Bee Neuroscience State Finals. The State Finals consisted of the top 53 students in the state who sat an online test about neuropsychology earlier in the year. Part of the finals involved students creating a video that explored questions such as 'What makes neuroscience interesting?' and 'What is the most challenging question that neuroscience still has to answer?' We are delighted to announce that our Brain Bee team came second! Congratulations girls – we are incredibly proud of your achievement and how well you represented the College on the day.

Caroline Beekman, Science Coordinator

OUR LADY OF THE SACRED HEART FEAST DAY – FRIDAY 9 SEPTEMBER

Our annual Feast Day Mass, celebrating Our Lady of the Sacred Heart, will be held on Friday 9 September. Affectionately known as the 'Babies Mass', we invite the babies and young children new to our community to be blessed at the ceremony. It is also the occasion on our calendar when we recognise and contribute to the Missions of the Daughters of Our Lady of the Sacred Heart, our founders. 'Our Lady of the Sacred Heart' is a unique title given to Mary that highlights something very important to our community - and one of the central mysteries of life - human connectedness, something that we see embodied in the relationship between parent and child. There is an ancient hymn that includes the line *Ubi Caritas, Deus in est* (Where there is love, God is there), it is in our most intimate relationships that we experience the divine sustaining us and drawing us close. So as we approach our Feast Day in Week 7 we are invited to call to mind all of those relationships that sustain us, that give us life, and we celebrate our wonderful community at OLSH, a place where relationships and connectedness are valued as the most profound treasures. Finally, when we see the little ones with their parents being blessed at mass, we are reminded not only of Our Lady of the Sacred Heart, but also of the love of God that underpins all that we do.

Letters have gone home regarding this day. Please take note that students are dismissed early, it is a casual day, and all are encouraged to bring a donation to go towards the work of the Daughters of Our Lady of the Sacred Heart.

Anthony Lindblom, Assistant to the Principal - Religious Identity and Mission



2022 CATHOLIC SCHOOLS OPEN WEEK

Choosing a school is one of the most important decisions that a parent makes.

This Catholic Schools Open Week, we are hosting a College Tour on Tuesday 30 August at 9:30am and 5:30pm. This is an opportunity for families to come and see our school in action and discover the benefits of a Catholic education here at Our Lady of the Sacred Heart College.

Please feel free to invite friends or family members who might be interested in learning how a Catholic education can set their child up for life. Bookings can be made via our [website: https://www.olsh.catholic.edu.au/book-tour](https://www.olsh.catholic.edu.au/book-tour)



CATHOLIC SCHOOLS OPEN WEEK

AUGUST 22-28



YEAR 12 REFLECTION DAYS



Year 12 is a challenging time, not simply because of the pressures of work, but also because the end of this chapter in the high school journey is rapidly coming to an end. The horizon of post-school life rapidly approaches with all of its uncertainty and potential. Perhaps because of this, the Reflections Days often stand out to students as one of the more significant aspects of the Year 12 experience. It is an opportunity to find a place of retreat, and to learn how to do this for themselves in the midst of stress and busyness. Finding such a place also opens up the space for students to reflect upon who they are and on how their decisions and their relationships with others shape them. Finally, it is also a chance to pause and think about who they want to be, who God is calling them to be. Ultimately it was hard to “come back down the hill” after our days at Nunyara, however, I’m sure that all of those present would agree that they brought something valuable back with them.

Anthony Lindblom, Assistant to the Principal - Religious Identity and Mission



OLSHLINKS



The College's commitment to OLSHLINKS is an important undertaking in valuing and keeping the charism of our founders, the Daughters of Our Lady of the Sacred Heart alive. The program involves a variety of both student and staff immersive experiences. One of these immersive experiences occurred from Wednesday 10 August to Sunday 14 August 2022 where two staff members, teachers Mrs Simone DeSisto and Mrs Sam Kellie had the opportunity to visit the Tiwi Islands and in particular spend time on Bathurst Island with Sr Anne Gardiner and staff from other OLSH Colleges in NSW (Kensington) and Victoria (Bentleigh). Sr Anne Gardiner has been on Bathurst Island for more than 20 years and one of our Year 9/10 home classes is named after her. We hope you enjoy a recount of their experience.

When you picture the daughters of Our Lady of the Sacred Heart, a vision of a nun in robes or habit, in a Church might come to mind. Yet the Sisters we met on our recent trip to the Northern Territory were far more adventurous, accomplished, and entertaining than the portrayals often found in popular media.

Linguists, teachers, nurses, advocates, activists, and change makers, even a 'Senior Australian of the Year' are some of the roles the Daughters of Our Lady of the Sacred Heart have played in the Northern Territory. They have been dynamic in remote communities, in the red dust of the desert, unforgiveable outback and on remote islands across the sea.

Six teachers from OLSH schools in Victoria (Bentleigh), New South Wales (Kensington) and South Australia (Enfield) had the privilege and pleasure of travelling to Darwin and then via ferry over a sea of crocodiles, sharks and poisonous jellyfish to the Tiwi Islands. On arrival to Nguui, we were greeted with hugs from Sister Anne, and this warm embrace continued for the entire trip.

'Awungana mamanta?' Greetings and welcome are called out to us everywhere we go. The Tiwi people are generous and hospitable to us despite the island closing down to tourists for Pukumani. Pukumani (burial) is considered the most important ceremony in a person's life, and the ferry was filled with family and Tiwi Islanders returning home from all over to participate in the celebration and farewell of an icon of this community.

When Sister Anne moved there as a 22 year old, she learned as much from the Tiwi as they have learnt from her. The relationship between Tiwi spirituality and Catholicism is rich with reciprocity and founded in listening, love, forgiving, and understanding. Sister Ann shared extraordinary stories, stories of connection and commitment, historical moments and even heartbreak. Today she is part of Tiwi community, specifically Jikilaruwu Country, and is known as "Puwanihawu: a person who provides light to the people".

From the first afternoon we witnessed the strength of community and felt welcomed and included. Visiting the immaculately kept Senior School we saw colourful and well-resourced classrooms. Like our school, there are lessons in literacy, numeracy, and the arts, but here the students often work across curriculum with teachers and Tiwi staff working together. Students eat breakfast and lunch at school and often bring containers to take home leftovers of fresh fish, vegetables, and fruit. We walked together with teachers, staff, and students down to Front Beach for an afternoon of connection and communal food. As we celebrated a much-loved staff member who was moving away, we sat in Tiwi style circles where everyone was equal. Love, thanks, and connection was shown through the arts – song and dance – practices that we continued to find embedded in every part of life on Nguui.

Dreaming through Design is seen all over the island and one way it is shared is through screen printing. During a visit to Tiwi Arts we met Artists including John Allen, who prints imagery of totems and local flora and fauna on all sorts of materials, and Mario, a master sculptor creating animals and birds from ironwood and mahogany. Here you can purchase jewellery, prints, and take courses with Tiwi artists. At Biwa Wear, we learned about the creative enterprise started back in 1969, where Tiwi women design, print and manufacture prints that celebrate distinct language and culture in everyday, occasion and ceremonial clothing.

Each evening we celebrated Mass, sung, and spoken in both English and Tiwi, at the new church. An open air structure covered in Tiwi art and markings. Another popular tourist destination is the old church which is also decorated with local lore, Dreaming and designs. Built on stilts by Peter De Hayr, for many years, the space underneath was used as a classroom, and at other times used for learning leatherwork and crafts.

Sister Anne's involvement in the preservation of culture, community and story sharing can be seen in the Patakijiyali Museum, now run by the Tiwi. Our new friends Maggie and Fiona shared important information about Dreaming, Yimanga /Pukuwiyi (skin groups and totems), Yoyi (dance), burial poles, hunting and gathering food, seasons, dedication room and the significant sporting accomplishments of Tiwi, especially in AFL.

On our last day, we celebrated mass at the nursing home. Once again, Tiwi elders led the singing and prayers in both languages, our holding hands literally and our hearts metaphorically.

Simone DiSisto and Samantha Kellie, OLSH College Teachers



DISCERNING OUR CALL



Staff Reflection Day - Monday 15 August - The Feast of the Assumption

Last Monday, OLSH College Staff were fortunate to be able to have the annual reflection day on the Feast of the Assumption. The Feast of The Assumption commemorates Mary's 'assumption' into heaven, her being taken body and soul into heaven, as we believe each of us will when the time comes. The 'narrative' of the assumption is of course dense with meaning and significance. The core message is however that Mary is in all things a forerunner and a model. She is the first Christian, the first disciple, and the first to experience the fullness of heaven. We look to her as a mother and as an example. So what does her example have to teach us in particular?

One of the core themes of the staff reflection day was discernment. Learning to listen to where we are being drawn in our lives. Mary's "yes" to God's call changed the world: Mary is the epitome of active discipleship. Like Mary we are not just invited to pray and reflect, but turn inwards, to listen, and to say "yes" to the positive invitations we hear. It is by first stopping and listening that we are able to act in constructive ways.

Mary also pondered all of the gifts she had in her life: *"Mary kept all these things, reflecting on them in her heart."* (Luke 2:19) This line is repeated several times in the gospels and was read at our liturgy during the reflection day. Again, here Mary teaches us the importance of stopping now and then to ponder, to see where our hearts are leading us. But more than this we are shown that a key question for our discernment should be; Who am I, what are my gifts, and where should I offer them? By reflecting upon these things it is hoped that we as teachers can better serve those entrusted to our care, and that we can become more deeply aware of our calling and vocation.

Anthony Lindblom, Assistant to the Principal - Religious Identity and Mission



This year's social justice statement is titled **Respect: Confronting Violence and Abuse**. The document draws on data around family and domestic violence, and gathers the insights of people - especially women - on that data. It also reflects on the words and example of Jesus.

"The teaching of Christ urges us to promote relationships marked by respect and freedom rather than coercion and control," Australian Catholic Bishops Conference president Archbishop Timothy Costelloe SDB writes.

"The message of the Gospel is not a message of domination of one person over another but a message of mutual esteem and kindness."

The statement promotes programs and agencies that support those who suffer various forms of violence, but also highlights the importance of support for those who perpetrate such violence. The Catholic Church is a major provider of services for all people affected by domestic and family violence through its dioceses, agencies, religious institutes and other organisations.

Respect: Confronting Violence and Abuse has been published ahead of the Catholic Church's celebration of Social Justice Sunday on the last Sunday of August - August 28 this year.

The statement and associated resources can be found at: www.socialjustice.catholic.org.au

PRAYER

Loving God, you made each of us in your image and likeness.

Open our eyes to recognise one another as equals, replacing domination and control, violence, and abuse, with mutuality, reciprocity, respect, and freedom.

Help us to love like you.

Jesus Christ, you rejected the use of religious traditions to justify violence.

Teach us to unmask manipulations of our faith used to justify violent, abusive, or coercive behaviour.

Teach us to be people who show tenderness, respect and care for others as you did.

Holy Spirit, you are with us always, showing us the way.

Move us to assist those who experience violence and abuse, and support their call for justice.

Empower us to hold perpetrators of violence and abuse responsible, encouraging them to change their behaviour. AMEN

27 AUGUST - CELEBRATING THE LIFE OF MARIE LOUISE HARTZER



On Friday 27 August we remember the birthday of Marie Louise Hartzer. The first leader of the Congregation of the Daughters of Our Lady of the Sacred Heart – OLSH Sisters.

We remember Marie Louise as a woman of great strength, courage, and fidelity and her great contribution to the traditions of an OLSH education. Her life story tells the journey of a French woman who was widowed at an early age. A single mother, she raised two sons in difficult times. Her connection to her faith journey was an authentic one. Even in darkest moments she was somehow able to cling to her foundational belief in a God who loves ... always. This became her light for the journey. Her wisdom for life, her vision for the capacity of women to do and be their best was at the heart of all her decisions and actions.

Marie Louise Hartzer was a mother, widow, and refugee. Her deep love of God, her courage to take risks and to bring to reality the vision of Fr Jules Chevalier is at the heart of the story of our OLSH sisters.

"Above all be very kind and considerate towards each other... have a great spirit of gratitude."
(Mother Marie Louise Hartzer).

May Marie Louise Hartzer, who led our Congregation with deep love, faith and courage continue to inspire us. With Our Lady of the Sacred Heart, may we say 'yes' to the ways we are being challenged to be the "Heart of God on Earth" in the ordinary situations of our daily life.

NATIONAL CHILD PROTECTION WEEK 4 - 10 SEPTEMBER 2022

"Every Child, in Every Community, Needs a Fair Go"

This year's National Child Protection Week will take place from 4 to 10 September 2022, with an overarching theme: "Every Child, in Every Community, Needs a Fair Go" and is focused on children growing up safe and supported.

Our Lady of the Sacred Heart College is committed to child protection and adopts all possible measures to help ensure the safety of all.



"Dear young people, make your voices heard!
If they do not listen to you, shout even louder, make noise; you have every right to have your say on what concerns your future."

Pope Francis
EU Youth Conference 2022



.HAPPY. Father's ♥ DAY ♥

- Sunday 4 September -

On Sunday 4 September we celebrate Father's Day. It is a day we honour important individuals who are Fathers, father figures, and embody fatherhood. The role of fathers in their daughters' education is important. It is through a strong bond between fathers and their daughters that there are benefits in terms of the girls' confidence and the focus on outcomes for which they will strive.

Loving God,
Shine Your light and grace
Upon fathers and all father figures in our lives.
St Joseph, the husband of Mary and foster father of
Jesus, we ask your Blessings upon them.
Amen



Catholic Archdiocese
of Adelaide

Commitment Statement

Safeguarding Our Children and Young People

“ Jesus said, 'Let the little children come to me, and do not stop them; for it is to such as these that the kingdom of heaven belongs.' Matthew 19:14 ”

Created in the image of God, all children and young people are our most precious and sacred citizens with a voice that must be heard, respected and valued. Accordingly, we, the people of God in the Catholic Archdiocese of Adelaide are committed to the care, wellbeing and protection of our children and young people.

We support the UN Convention on the Rights of the Child as the foundation for child protection and believe that all children and young people have the right to be safe, happy and healthy. We are committed to being an inclusive, culturally diverse and resilient Church where God's children can flourish.

Our Church strives to enable and empower children and young people to be part of the Kingdom of God as a safe and secure home. We are committed to a shared responsibility, a culture of safety which is underpinned by robust, responsive and effective policy and procedures.

As we are reminded by Pope Francis, a future in which children are secure is a future where "every child is held in God's infinite tenderness and God is present in each of their lives."



Living Catholic

PURCHASING SECONDHAND UNIFORMS

Students are strongly discouraged from selling and/or purchasing uniform items to/from other students. There is no mechanism for quality control and as a result items can be incorrect and require a new item to be purchased. We have new and second-hand uniform items available at the College and we will ensure that the items all follow the uniform guidelines. The uniform, is available to purchase from the College during school terms between 9:00am – 12:30pm, Monday - Friday, or by prior arrangement. Please visit the Front Office to arrange Uniform purchases.

WEARING YOUR UNIFORM WITH PRIDE

Students reflect their pride in the College by wearing the uniform well. It is a very powerful tool when students are in the public eye. It is therefore fitting that students wear the uniform correctly and with pride. During Terms 1 and 4 students wear the summer uniform while in Terms 2 and 3 the winter uniform is worn. Students are encouraged to wear the blazer to and from school, on school excursions and at formal occasions. Puffer jackets should not be worn. If students feel the cold, it is suggested they wear warm layers under their uniform eg thermal tops. The dress and skirt length must be below the knees. Information about Uniforms can be referred to in the Student Diary (page 7) and are outlined below:

WINTER UNIFORM

Blazer	Navy with monogram (optional)
Blouse	White (long sleeve)
Jumper	Monogrammed 'V' neck Years 7 - 10: Navy Senior Campus: Navy or red
Skirt	Navy with red, green and gold stripe (knee length)
Hosiery	Navy lycra tights or navy socks (Knee high)
Footwear	Black leather lace-up school shoes only (no canvas shoes, sneakers, boots, platforms, high heels, ballet flats or buckles)
Scarf	Navy (Navy or Red for Seniors)
Tie	Red
Headscarf	Navy
School Bag	OLSH backpack, navy with the school monogram

SUMMER UNIFORM

Blazer	Navy with monogram (optional)
Dress	Navy with red, green and gold stripe (knee length)
Jumper	Monogrammed 'V' neck Years 7 - 10: Navy Senior Campus: Navy or red
Hosiery	Navy lycra tights or navy socks (Knee high)
Footwear	Black leather lace-up school shoes only (no canvas shoes, sneakers, boots, platforms, high heels, ballet flats or buckles)
Headscarf	Navy
School Bag	OLSH backpack, navy with the school monogram

PE UNIFORM

Polo Shirt	Navy
Rugby Top	Navy (optional)
Shorts	Navy
Sneakers	Own Choice
Socks	White Ankle
Track Pants	Navy plain (optional)

The sports uniform should only be worn for PE lessons and scheduled sporting events. Students bring this uniform to school to change into for PE lessons.

For those students who are participating in Saturday morning sports, a separate uniform is available for purchase or hire through the College.

JEWELLERY & HAIR

Students may wear the following jewellery:

- 2 plain earrings in each ear
- 1 simple ring on each hand
- 1 watch
- a chain may be worn under the uniform out of sight
- a medic alert bracelet or any other medical item

Nose studs, eyebrow or tongue studs are NOT ACCEPTABLE.

Hair must be kept away from the face and tied up if more than shoulder length. A red ribbon is to be worn in hair when tied back. Make up is not to be worn.

We do realise that people's perception of the College is often based on how we present ourselves in the Community, particularly when travelling to and from school, therefore we ask each student to play her part by wearing correct uniform at all times.

The uniform, both new and second hand is available from the College during school terms between 9:00am – 12:30pm, Monday - Friday, or by prior arrangement. Please visit the Front Office to arrange Uniform purchases. Uniform items can also be purchased via the QKR! App and collected from the College.

We do realise that people's perception of the College is often based on how we present ourselves in the Community, therefore we ask each student to play her part by wearing correct uniform at all times.