



OLSH

OUR LADY OF THE
SACRED HEART
COLLEGE

Heart to Heart

OLSH College Alumnae Newsletter, Edition 1, Winter 2019

Message from the Principal



Welcome to 'Heart to Heart' the newly launched newsletter created for the alumni community of Our Lady of the Sacred Heart

College, Enfield, SA. It gives me great pleasure to share with you some of the exciting news and events that have happened recently featuring OLSH College graduates. I'd also like to take this opportunity to share with you, some recent news about the College which you might find interesting.

ALUMNAE NEWS

In May 2018, we were excited to welcome an array of fantastic mentors to the OLSH community for the Career Mentors' Breakfast. Noticeably many were old scholars, keen to return to their own place of study with powerful stories of perseverance and success. The Breakfast (held biennially) provides a valuable learning opportunity allowing students to gain relevant and current information from experts in a range of different occupations. As students navigate their way through adolescence and

the challenges this brings, a female mentor or role model can have a profound impact on the journey.

Also in May 2018, the time capsule (buried in 1988 to mark the bicentenary of Australia) was unearthed from the Main Courtyard. Tania Piotto (1988, College Captain) and I viewed the items with much anticipation with letters, a newspaper, cassette tapes, drawings and assignments among the items discovered. At the Class of 1988, 30 year reunion (held in August), many of the artefacts were returned to their owners which brought many laughs and much reminiscing. There remains quite a number of uncollected letters so if you would like to collect your letter or would like to check if you included one in the capsule, please contact the College to arrange an appointment. You will need to provide proof of identity in order to collect your letter.

In November 2018, members of the Class of 1978 returned to the College and I had the pleasure of showing the ladies around the College on a guided tour. Having only been at the College since the start of 2016, I found it fascinating to hear of the changes that have taken place since the ladies graduated 40 years ago. One of the most notable changes was where the front office of the

school was located in 1978 (which is now where our Visual Arts area is located). The former front entrance stairwell (featured in the photo above) still exists however it now connects the Visual Arts Area to the International Student area and Language Centre. Today, the Front Office of the College is located on Regency Road in the building where the OLSH sisters formerly resided.

It is wonderful to see Alumnae return to the College as their daughters commence Secondary school at OLSH, carrying on family tradition. In January 2019, we again welcomed back a number of Alumnae and their daughters starting at the College.

In March 2019 during our annual OLSH OPEN event, we were fortunate to welcome a group of recent graduates back to the College. It was with great pride that I witnessed these wonderful ambassadors showing prospective families around the College with such care and professionalism. I'm sure the visitors truly valued the insights provided by recent graduates and were able to get a true sense of what it is like to be an OLSH girl. Thank you to all our alumnae ambassadors who have returned to the College in recent years and provided such an invaluable service in promoting the school to the wider community.

OPPORTUNITIES TO RECONNECT

We have many ways for past students to connect with OLSH College. Past students of OLSH are encouraged to stay in contact with the College through our Social Media. Please 'like' the OLSH College, Enfield Facebook page to keep up to date with all the latest news from our OLSH Community. If you are interested in getting involved in any of the activities on offer below, please contact us. We value your knowledge, experiences and expertise and love seeing our Alumnae supporting our OLSH girls. You may wish to:

- Volunteer at OLSH OPEN each year as a tour guide, musician etc (for recent alumnae within three years of graduating from OLSH)
- Provide instrumental tuition to students
- Support a Co-curricula club during school time or offer your skills and expertise for a one off workshop
- Reunion Volunteer – assist with organising an upcoming OLSH reunion
- Careers - speak to our students about your chosen career at our Careers Expo or at our biennial Mentors' Breakfast
- Present as a guest speaker at a student event including our biennial Mentors' Breakfast
- Work Experience - provide a week of work experience to one of our Year 10 students
- Become involved in our after school sports program by coaching, co-ordinating or umpiring
- Participate in ways to promote OLSH College (appear in promotional videos, assist at community fairs etc)
- Provide sponsorship and/ or donations at annual fundraising events including our Multicultural Night and Bingo Night

We are always looking for stories about our OLSH alumnae and would love to hear from you and what you have been doing. We can use this information in our fortnightly Newsletter and on our Facebook Page to inspire prospective and current students. Please visit the following link to get in touch: www.olsl.catholic.edu.au/node/90

2018 COLLEGE NEWS

The great teaching that occurred at OLSH College in 2018 resulted in notable student achievements including:

- 100% SACE completion (our fourth year in a row this has been achieved)
- Three finalists in the refugee week Youth Poster Awards Exhibition with the Overall winner for BEST poster awarded to an OLSH student
- Two Year 12 students were selected to perform in the Class of Cabaret as part of the Adelaide Cabaret Festival. The two students were among only 18 who were successful in their auditions.
- Two finalists in the Plain English Speaking Association (PESA) competition with a student being awarded 2nd place
- Two Year 10 students, were successful recipients of the 2018 SA Premier's ANZAC Spirit School Prize. They along with 12 other SA students travelled on a fully funded 14 day study tour of Vietnam
- An International student received a high commendation in the Study Adelaide, School Academic Excellence Award
- A student won the Year 12 category of the national 2018 Wool4School Competition
- A Year 12 student was awarded the Governor of South Australia Commendation award (only 25 awarded in the State)
- Three Year 12 students' work selected to be exhibited in the 2019 SACE Art Show
- Numerous University scholarships were awarded to students including University of Adelaide Principal's Scholarship Award, Monash University and the University of South Australia

In 2018, after months of unsurpassed commitment by many individuals the College launched its new re-brand at the annual OLSH Open held in March and this was closely followed by the updated website. They were both much anticipated endeavours. We were excited, delighted and thrilled with the end products as they

adeptly reflect who we are and what we stand for as a Catholic secondary school for girls in the spirit of our founders, the Daughters of Our Lady of the Sacred Heart. It is hard not to be moved and affirmed by the purposeful descriptions made throughout the new OLSH College prospectus book but in particular I bring the introductory words to your attention.

At Our Lady of the Sacred Heart College we pride ourselves on empowering your daughter to take responsibility for herself and her learning. Everything we do is designed to ensure she reaches her full potential as we open up a range of experiences, opportunities and career pathways. OLSH girls leave with the confidence, skills and knowledge to rise boldly to the challenges of their times to be leaders for themselves and others. As a vibrant, inclusive and hopeful community we harness and celebrate her strengths, talents, ambitions and achievements. Our unique community enriches every girl's experience of what it is to live in a global and multicultural world.

Another highlight for the College in 2018 was the news we were one of only five schools across the country to win a fully installed 20,625kW solar panel system worth more than \$26,000, as part of Origin Energy's Solar for Schools competition. The College's winning entry detailed how we generate good energy in our unique community by embracing and celebrating over 40+ diverse cultures and encouraging inclusion and warmth amongst the community within the school. It is anticipated the Origin solar system will help save the school up to \$8,500 on our annual electricity bill, and offset the annual carbon emissions by the equivalent of 28 acres of conserved forest in one year.

I hope you find the first edition of 'Heart to Heart' enjoyable and I look forward to sharing more exciting news with you in the second edition to be released later in the year.

Maria Urbano
PRINCIPAL OLSH COLLEGE

2018 SACE Results



College Dux
SEYEON PARK
98.75



International Dux
AN NGUYEN
96.20



*Governor of South Australia
Commendation Recipient*
DANIELLE COOKE

100% SACE (fourth year in a row)

76% of students achieved As and Bs

15 students achieved an ATAR of 90+

3 student artworks selected for 2019 SACE Art Show

A 205
A grades awarded



Merit Recipients in:
Music - Individual Study
Music - Solo Performance
Research Project B
Information Processing and Publishing

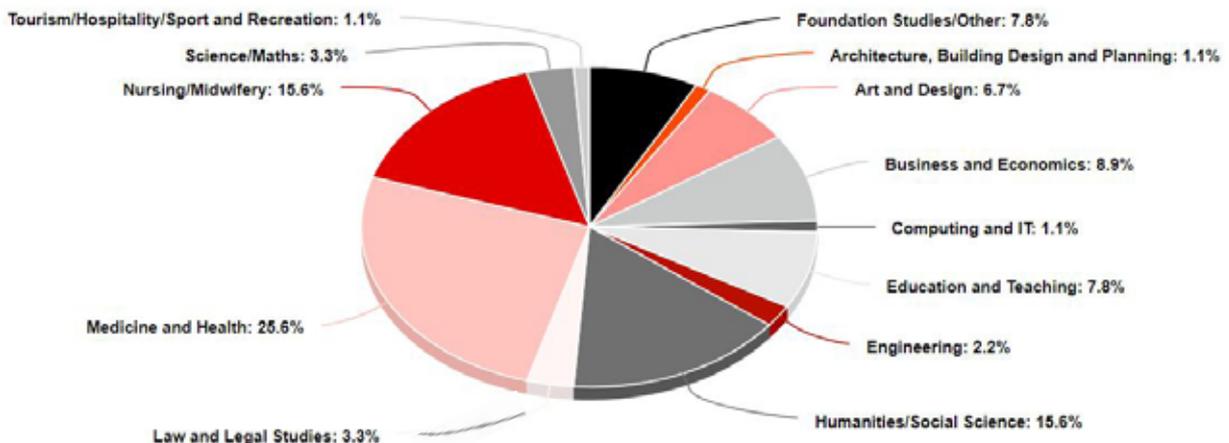
STUDENT ATARS OF 90+

Seyeon Park 98.75
Danielle Cooke 97.65
Solina Lu 97.00
Nicole Fernandez 96.60
Jenny Lee 96.45

An Nguyen 96.20
Monica Huynh 95.95
Nazia Ali 95.40
Anh Nguyen 94.20
Silvi Patel 94.15

Cynamon Cousins 93.35
Kathleen Harvie 91.05
Nyssa Clarke 90.90
Sabrina Cheng 90.55
Svetlana Dias 90.45

Tertiary Pathways



2019 House Pride

Did you know? OLSH students carry on family tradition, by joining the same House Teams as their mothers.

CHEVALIER

Named after Fr Jules Chevalier who founded the Daughters of Our Lady of the Sacred Heart in 1874.

HARTZER

After Mother Marie Louise Hartzler who was the First Superior General of the Daughters of Our Lady of the Sacred Heart.

XAVIER

After the great missionary, St Francis Xavier, who travelled the world and introduced Christ's love to Asia.

RONCALLI

After the surname of Pope John XXIII, the Pope who by calling together the Second Vatican Council, made great changes in the Church.

2019 Aquatics Carnival



Congratulations to Hartzler, our overall champions for the 2019 Aquatics Carnival and Roncalli for winning cheers.

2019 Athletics Carnival



Congratulations to Chevalier, our overall champions for the 2019 Athletics Carnival and Hartzler for winning cheers.

Congratulations to Chevalier for being our combined Aquatics and Athletics Carnival Champions in 2019.

Alumnae Open Day Ambassadors

For many years OLSH graduates have volunteered their time to assist at our annual Open Day as tour guides, music performers, members of the P and F and as special guests representing various subjects. Below are some of our graduates who have generously volunteered their time at recent Open Days.



Bicentenary time capsule - 1988



Above: Uncovering the time capsule
Below: Maria Urbano (OLSH Principal) and Tania Piotto (1988 College Captain) reviewing the contents of the time capsule



1988: students and staff watch on as the time capsule is buried in the Main Courtyard to mark the bicentenary of Australia.

Class of 1988 - 30 year reunion

Held on Friday 10th August, 2018 the Class of 1988 came together for their 30 year reunion in the College Hall. Highlights included reading through time capsule letters, listening to audio recordings and also taking a tour of the College. To connect with the Class of 1988, visit the Facebook group: www.facebook.com/groups/1142510689227903/



Classroom memories: the Class of 1988 pictured in one of the upstairs classrooms in the Main Campus. This room is now used for Year 7/8 Home Classes.

Class of 1978 - 40 year reunion

Held on Friday 16th November, 2018 members of the Class of 1978 toured the College in the afternoon then celebrated and reminisced over dinner held at the Caledonian Hotel, North Adelaide. To connect with the Class of 1978, visit the Facebook group: www.facebook.com/groups/1721589091290390/



During the tour, the Class of 1978 stopped to view the honour roll, tapestry blanket and posed for a group photo in the courtyard.

2018 Career Mentors' Breakfast



Mentors: OLSH graduates generously gave their time to mentor current students at the 2018 Career Mentors' Breakfast.

Pictured above are the following OLSH graduates who volunteered their time at the 2018 Career Mentors' Breakfast:

Paige Heywood – travel consultant

Casandra Blagdanic – teacher/special needs

Emma Young – visual arts/glass blower

Natalia Sledz – performing arts

Michelle Howie – engineering

Belinda Maric – youth events

Kylie Neagle – Art Gallery of SA

Keya Trivedi – medical imaging

Dr Dragica Sosa – GP, lecturer

Appurva Raaj – law student

The next Career Mentors' Breakfast will be held in 2020. If you would like to volunteer as a mentor, please contact the College.



Upcoming Events



Our Lady of the Sacred Heart College
Class of 2009
10 Year Reunion

Friday 8 November, 7 - 10pm
OLSH College Hall (enter via Corralyn Terrace)
\$25 p/p to cover nibbles and drinks

RSVPs and payments due Friday 25 October
Please RSVP to rosemary.clare@olsh.catholic.edu.au
Payments to be made via credit card by phoning the College Front Office on 8269 8800
Former OLSH students and staff only (please no children or partners)



Our Lady of the Sacred Heart College
Class of
1999
20 Year Reunion

Friday 20 September, 6:30 - 10pm
OLSH College Hall (enter via Corralyn Terrace)
\$25 p/p to cover nibbles and drinks

RSVPs and payments due Friday 6 September - please RSVP to rosemary.clare@olsh.catholic.edu.au
Payments to be made via credit card by phoning the College Front Office on 8269 8800
Former OLSH students and staff only (please no children or partners)



Our Lady of the Sacred Heart College
Class of 1989 **30 Year Reunion**

Friday 22 November, 6 - 10pm
OLSH College Hall (enter via Corralyn Terrace)
\$25 p/p to cover nibbles and drinks

RSVPs and payments due Friday 8 November - please RSVP to rosemary.clare@olsh.catholic.edu.au
Payments to be made via credit card by phoning the College Front Office on 8269 8800
Former OLSH students and staff only (please no children or partners)



OUR LADY OF THE SACRED HEART COLLEGE'S
production of



Disney
Alice in Wonderland
JR.

SHOW TIMES:
Sunday 30 June, 3pm
Monday 1 July, 10am, 1pm & 7pm
Tuesday 2 July, 10am, 1pm & 7pm
Wednesday 3 July, 1pm & 7pm

TICKETS ON SALE NOW!
Children \$10 Adults \$15
www.trybooking.com/BCDVE

The Parks Theatre **the parks**
46 Cowan Street
Angle Park

Music and Lyrics by **Suzanne Fain** and **Bob Hillard**, **Cher Wallace** and **Cy Cohen**,
Allie Weibel and **Ray Gilbert**, **Mark David**, **Al Hoffman** and **Jerry Longston**
Music Adapted and Arranged and Additional Music and Lyrics by **Bryan Loebke**
Book Adapted and Additional Lyrics by **David Simpatico**
Based on the 1951 Disney film "Alice in Wonderland" and the novel
"The Adventures of Alice in Wonderland" and "Through the Looking Glass" by **Lewis Carroll**
Licensed exclusively by **Music Theatre International** Australia.
All performance materials supplied by **Hil Leonard** Australia.

OUR LADY OF THE SACRED HEART COLLEGE

Old Scholars Lunch

1951 - 1980

Wednesday 25th September
11:30am for 12:00pm start
Hampstead Hotel
143 North East Road, Collinswood

RSVP by 18th September to
Marie Roberts 0439098306 or Jill Hutt 0409701135

Alumnae Achievements and Profiles



Heather Trenorden, nee Sowerby Class of 1974

House: Roncalli

Occupation: Retired (formerly an Early Childhood Worker)

Career Highlights: Working with children and seeing them grow

Family: Husband Rod, Sons Scott and Gregory Edgar, Stepsons Allan and Mark Trenorden, 4 Grandchildren

Lives in: Goolwa

Hobbies: Golf, craft, knitting

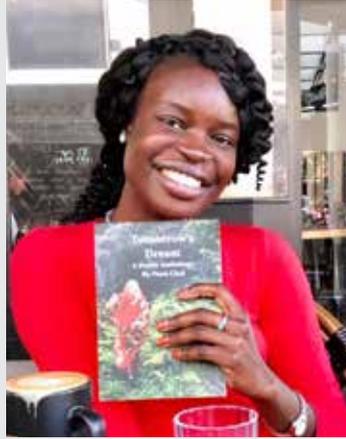
Female role model: My mum

Fondest OLSH memories:

Having fun hanging out with friends

Advice you could give to

your younger self: Don't be intimidated. Do whatever you wish and enjoy life.



Flora Chol Class of 2013

House: Chevalier

Occupation: Writer

Career Highlights: Published author

Lives in: Melbourne, Victoria

Hobbies: Reading, writing, listening to music, dancing, fashion, travelling and cooking

Female role model: Maya Angelou, Angela Davis, my Mother Mary Akec and Aunt Ajok Akec

Fondest OLSH memories:

Going ice skating when I was in Year 9 and attending the 'Meet the Writers Festival'

Advice you could give to your younger self: To believe in myself, to love myself, to take risks and enjoy being a child.



Marie Roberts, nee Hissey Class of 1965 (Sports Captain)

Occupation: On leaving school I joined the Savings Bank of SA where I met my husband

Family: We have a daughter and a son and four granddaughters

Lives in: Adelaide

Hobbies: I have always loved sport and over the years played and coached tennis, netball, basketball, golf and now lawn bowls

Female role model: My main role model was my former teacher Sr Therese Farrell who I visited and spoke to regularly until her passing in 2016. She was my teacher, mentor and friend.

Fondest OLSH memories: My fondest OLSH memories are my trip to Issouden and the friendships I still have with many classmates.

Advice you could give to your younger self: I would tell myself to study hard, travel, follow your heart and believe in yourself.


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COLLEGE TOURS

Last Tuesday of every month
9:30am & 5:30pm

To register, visit: olsh.catholic.edu.au
or phone 8269 8800 to request a tour

A Girls Secondary Catholic College from Year 7 - 12
496 Regency Road, Enfield SA 5085
Phone: 8269 8800 Web: olsh.catholic.edu.au

College Tours

OLSH College Alumnae are welcome to attend our scheduled College Tours held throughout the year. We also welcome personal tour requests. Please visit www.olsh.catholic.edu.au or phone 8269 8800 to register for, or request a tour.

Alumnae Achievements and Profiles



Lesley Magill, nee O'Grady Class of 1994

House: Roncalli

Occupation: Group Manager, Experience Development.

Company: Journey Beyond

Career Highlights: Playing a part in the development of the Tour Down Under in its first seven years; being part of the redevelopment, opening and first five years of the new Adelaide Oval and working with the team to deliver incredible concert and event experiences like Adele and Liverpool FC.

Family: Husband (Sam), 8-year old daughter (Sammy) and Mum (Fay), Dad (Brian) and two brothers (Darren and Stuart)

Lives in: Rostrevor, Adelaide

Hobbies: Trail running, hiking, traveling

Female role model: Michelle Obama

Fondest OLSH memories: The friendships made - that will last a lifetime - and the fun times had together especially on camps, retreats and science camps

Advice you could give to your younger self: Let yourself shine. Life is wonderful and you have an amazing, interesting journey ahead of you. Enjoy it! And good on you for picking French - it comes in very handy in your life and career as does English. Write more and embrace your love of it.



Renee Chen Class of 2005

House: Xavier (officially, but for 3 years I sneaked into Hartzler to be with my host sister!)

Occupation: Franco-Australian Curriculum Advisor and Consultant

Career Highlights: Returning to OLSH as a teacher and giving back to the community that gave so much to me

Family: Dad, mum, younger sister, fiancé and two dogs

Lives in: France

Hobbies: Learning languages, reading, dog-training

Female role model: My mum. She gave up an executive position in Hong Kong to be with us in Adelaide.

Fondest OLSH memories: Participating in the first ever OLSH Idol with my host sister, Natasha. She was (and still is) amazing!

Advice you could give to your younger self: Don't take yourself so seriously - participate in everything and laugh at yourself. Make memories, not expectations.



Colleen McDonnell Class of 1987

House: Chevalier

Occupation: Senior Strategic Planner

Career Highlights:

Transforming the old RAH into an exciting new development for our future generations

Family: Husband Michael and 2 children, Mariette and Louis

Lives in: Mile End

Hobbies: Running, yoga, reading, eating

Female role model: Has to be Justine Arden for her balance of intellect, compassion and approachability

Fondest OLSH memories:

Pushing Miss Aloisi's car up Willunga Hill on the way to French camp

Advice you could give to your younger self: Don't rush into a career and if you feel like you have made the wrong choice don't be afraid to re-evaluate and change course. Work is such a huge part of who we are that it's important to love what you do.

We would love to hear from you!

We would love your contributions in the form of Alumnae news and suggestions for future newsletters so please get in touch with our Alumnae Liaison, Rosemary Clare (Communications Officer) on 8269 8800 or email rosemary.clare@olsh.catholic.edu.au. We also encourage graduates to get in touch in regards to organising reunions and tours at the College. If you wish to be added to, or removed from the newsletter mailing list or would like to receive the newsletter in hard copy, please let us know.



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