



OLSH

OUR LADY OF THE
SACRED HEART
COLLEGE



She will find her place with us

INTERNATIONAL PROSPECTUS



SHE WILL FIND HER PLACE WITH US

♥ From The Principal

Dear Parents,

Choosing a school for your daughter is an important decision, especially when it involves study overseas. At Our Lady of the Sacred Heart (OLSH) College, we understand this responsibility and are committed to providing a safe, supportive and academically focused environment where every girl is known, valued and encouraged to succeed.

We are a vibrant, inclusive and hope-filled community, founded in 1951 in Adelaide, South Australia, by the Daughters of Our Lady of the Sacred Heart. Our values shape both our teaching and wellbeing programs, helping us prepare young women to approach their futures with confidence and purpose.

OLSH College has a proud history of welcoming international students, who become valued members of our community. Our international support program provides the care and nurturing every girl needs to truly find her place at OLSH College. In this nurturing environment, our specialist teachers deliver engaging, challenging and personalised learning experiences that help each student build a strong foundation for university pathways and their future aspirations.

We believe in educating the whole person. Through leadership opportunities, wellbeing initiatives and a broad range of co-curricular activities, students discover their strengths, develop resilience and grow as thoughtful, independent young women.

I warmly invite you to learn more about OLSH College. It would be our privilege to welcome your daughter into our community.

With warm regards,



Maria Urbano

*Principal
Our Lady of the Sacred Heart College*

Vibrant



♥ Welcome

Our Lady of the Sacred Heart College is an all-girls Catholic high school for students in Years 7 to 12. Located in Enfield, South Australia, we are just 7.5 kms (10 minutes) from the Adelaide city centre and 20 minutes from Adelaide International Airport.

♥ Specialists In Girls' Education

At OLSH College, we know how girls learn best, providing a safe and supportive environment where students can focus on learning, build confidence and participate in class with purpose. This creates strong foundations for lifelong learning and success.

Our teachers specialise in girls' education, offering personal support and guidance so each student can succeed academically, socially and emotionally. In this environment, every girl is known, supported and empowered to achieve her goals.

Our classrooms are welcoming, collaborative spaces where teachers encourage girls to ask questions, think deeply and express their ideas freely.

OLSH College offers young women:

A safe, caring and welcoming learning environment

Expert individual academic advice

English as an Additional Language (EAL) support

A dedicated International Team offering both academic and wellbeing support

Modern, purpose-built facilities designed to support girls' learning and wellbeing

An inclusive fee structure including all camps and excursions, which does not increase during a student's time with us



"There is something uniquely supportive and inclusive about going to an all-girls school, and it has shaped my school experience in such a positive way. Throughout my time at OLSH College, I have been surrounded by encouragement, respect, kindness, and genuine care. It is a place where I have been able to express myself confidently and grow into who I really am."

XUANY (YEAR 12)

♥ Wellbeing

Student wellbeing is central to every aspect of school life at OLSH College. We recognise that girls learn best when they feel safe, supported and understood, and our wellbeing programs are designed to help each student feel confident and connected throughout her school journey.

Our approach focuses on building positive relationships, fostering resilience and encouraging a strong sense of belonging. Homeroom teachers and Student Wellbeing Coordinators work closely with students to provide guidance, encouragement and support when needed. Together with our International Team, we are committed to helping every student thrive academically, personally and socially.



♥
"I feel supported not only in my learning but also in my well-being. The care from teachers, the international staff and my friends help me feel confident, connected and proud to be part of this community."

FIZYNA (YEAR 9)



Inclusive

♥ Academic Success

At OLSH College, girls are encouraged to strive for excellence and realise their academic potential.

Students at OLSH College achieve impressive academic success across all year levels. With high expectations, dedicated teachers and a supportive learning culture, OLSH girls are encouraged to pursue excellence and take pride in their achievements.

Our students consistently achieve outstanding Year 12 results completing their South Australian Certificate of Education (SACE) which is internationally recognised. OLSH College graduates pursue a broad range of pathways including Medicine and Health, Law, Engineering, Business, Psychology, Education, Architecture, the Creative Arts and more.

Our innovative curriculum empowers girls to be confident thinkers and capable problem-solvers, supported by teachers who know how to bring out their best. Through engaging lessons and real-world learning experiences, students build the skills, self-belief and ambition they need to thrive in their chosen pathway beyond school.

♥
"At OLSH, I truly feel cared for and supported in my academic journey. The teachers always take time to understand me, encourage me, and help me grow in confidence every day. They are there to guide me when I need support and celebrate my achievements with me. As an international student, this warmth and encouragement have made me feel at home and inspired me to reach my full potential."

LONA (YEAR 9)

♥ Curriculum

OLSH College provides a supportive and engaging environment where girls are encouraged to explore new ideas, build confidence and take an active role in their learning. We help students grow as capable, independent learners who are ready for future opportunities.

Our curriculum is flexible and future-focused, offering clear progression as students move through their secondary years. Technology is embedded across all learning areas. Classrooms are equipped with modern digital tools, and every student is provided with a laptop to support learning both at school and at home.

We recognise that each student learns differently. Our teachers use innovative and engaging approaches that inspire curiosity, encourage independent thinking and promote active participation. For students from non-English speaking backgrounds, dedicated English as an Additional Language (EAL) support ensure that every learner has the confidence and skills needed to thrive.



SHE WILL FIND HER PLACE WITH US

Creative

Learning Area	Subjects: Years 7 – 10	Subjects: Years 11 – 12 (SACE)
English	English, English as an Additional Language (EAL) Support, Language Enrichment	English, Essential English, English Literary Studies, English as an Additional Language (EAL)
Languages	Chinese, Italian, Vietnamese	Chinese, Italian, Vietnamese
Mathematics	Mathematics, Mathematics Extension (Year 10)	Essential Mathematics, General Mathematics, Mathematical Methods, Specialist Mathematics
Sciences	Science	Biology, Chemistry, Physics, Psychology
Humanities & Social Sciences	Business Essentials, Civics & Citizenship, History, Geography	Business Innovation, Legal Studies, Society & Culture
The Arts	Dance, Drama, Music, Creative Arts, Visual Arts	Dance, Drama, Music, Creative Arts, Visual Arts
Technology	Digital Innovation, Digital Literacy, Visual Communications, Introduction to Film (Multimedia)	Digital Innovation, Digital Communication Solutions, Multimedia (Film), Information Processing & Publishing
Health & Physical Education	Food & Textiles Technologies, Food & Nutrition, Health, Outdoor Education, Physical Education, Child Studies (Year 10)	Child Studies, Food & Hospitality, Integrated Learning (Cook to Thrive), Integrated Learning (Food in Society), Integrated Learning (Sports Studies), Outdoor Education, Physical Education
Religious Education	Religious Education	Spirituality, Religion & Meaning
Cross-Disciplinary & Pathways		Vocational Education & Training (VET), Workplace Practices
SACE Compulsory Subjects	Exploring Identities & Futures	Activating Identities & Futures

♥ Co-Curricular Opportunities

Co-curricular activities give students an opportunity to extend their skills and capabilities beyond the classroom. By making a positive contribution to school and the wider community our girls build their confidence, challenge themselves and form friendships with students in all year levels. Whether it is an interest in creative, sport or academic pursuits or making a difference through environmental action, social justice and community outreach projects, all girls will find something that sparks their curiosity and ignites their passions. Our co-curricular programs continue to evolve, reflecting the interests and needs of our students.



Sport

Badminton
Basketball
Fitness Club
Inter House Sports
Interschool AFL
Interschool Athletics
Interschool Swimming
Netball
Running Club
Soccer
Statewide Sports
Volleyball

Leadership + Service

Class Captains
Earth Care Club
Heart's Kitchen
Leading from the Heart
Marian Procession
OLSH Ambassadors
OLSH Links
SISTERS Mentor Program (International)
Social Justice Club
Student Leadership
Wellbeing Group

Curriculum + Community

Academic Support Program
Adelaide University STEM Girls Program
Mathematics Competitions
Book Club
Brain Bee (Neuroscience) Challenge
Drama Club
Games Club
Governor's Civics Awards
Heart Media
Language & Culture Club
Library Assistants
Olipphant Science Club
Peer Tutor Program
Pod Squad (Podcasting)
Premier's ANZAC Spirit School Prize
Premier's Reading Challenge
Public Speaking and Debating
STEM / Robotics Club

Arts

Catholic Schools
Music Festival
Class of Cabaret
Music Program
Dance Club
Dance Enrichment
Drama Club
Ensembles:
- Choir
- Liturgical
- Rock Band
- Ukulele
- String
Hip Hop Crew
Musical
Visual Arts Club



♥ Careers and Pathways Support

At OLSH College, we are committed to helping each student prepare for life beyond school with confidence and clarity. Our dedicated pathways team works closely with students from Year 10 onwards, guiding them as they explore their interests, identify strengths and set meaningful goals for the future. Specialist staff offer one-on-one support to help students explore options and plan their future with confidence.

We provide access to up-to-date career information, industry insights and tertiary requirements, ensuring students make informed decisions as they move through their senior years. Career workshops, guest speakers and information sessions help students connect their learning with real-world opportunities and emerging career pathways. By the time they graduate, girls are equipped with the skills, knowledge and confidence needed to take their next steps towards their chosen pathway.



Empowered



♥ Facilities

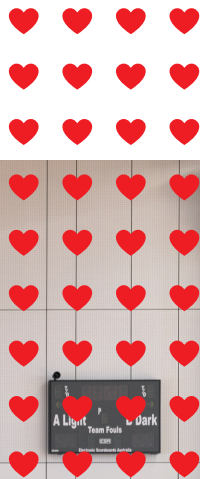
OLSH College offers dynamic, modern learning spaces that support motivated and successful learners. Specialist areas including science laboratories, Performing Arts Centre, visual arts and design studios, commercial kitchen, digital technologies spaces, library and a Language Centre enrich every aspect of students’ learning.



The Senior Campus features bright, contemporary classrooms designed for the needs of all learners. Our Integrated Learning Area (ILA) offers flexible learning spaces that encourage collaboration and creativity.

Our International Room is a welcoming space exclusively for international students, where our team provides ongoing guidance, support and opportunities to connect.

Our Hartzer building is a vibrant hub for sport, learning, events and community. Thoughtfully designed for girls, it features a dance studio, gymnasium and classrooms. Every element of the building has been chosen to enhance both learning and wellbeing, creating an environment where students feel engaged, comfortable and confident. The building reflects the College’s commitment to providing spaces where girls can thrive, fostering creativity, collaboration and personal growth.



♥ Adelaide – A Safe and Affordable City

Adelaide is one of Australia’s most friendly, safe and affordable cities, an ideal place for international students to learn. Known for its clean environment, beautiful beaches, green parklands, accessible public transport and relaxed lifestyle, Adelaide offers the perfect balance between city living and a friendly, community focused atmosphere.

With a high standard of living and excellent opportunities for further study, Adelaide provides an ideal environment for international students as they begin their Australian educational journey.

Families appreciate the city’s strong reputation for education, its multicultural communities and the warm, welcoming nature of its people. Adelaide is a dynamic and vibrant city, celebrated worldwide for its outstanding arts and cultural festivals and for hosting major sporting events throughout the year.

♥

“I love living in Adelaide because it is such a safe, peaceful and beautiful city. As an international student, I feel comfortable and supported here, and my family chose Adelaide because it offers a great balance of quality education and lifestyle.”

JADE (YEAR 11)

Curious





♥ Homestay

We take great care to ensure our international students feel safe, supported and part of the community. For students who are not living with a parent or approved relative in Australia, homestay offers a comfortable and nurturing home away from home.

We work closely with trusted homestay providers to select caring Australian families who are committed to welcoming your daughter as a member of their household. Homestay families are located close to the College, with convenient transportation options available, providing easy access to the College each day. These families offer a warm, friendly environment where your daughter can be immersed in Australian culture and feel confident knowing she is supported.

Each student enjoys three nutritious meals a day, her own fully furnished bedroom with a study desk, and access to bathroom and laundry facilities. Our goal is to ensure your daughter feels safe, valued and at home throughout her time in Australia.



Inspired

♥ Transition to School in Australia

Most international students enrol in approximately 20 weeks of an English Language Intensive Course for Overseas Students (ELICOS) before beginning their studies at OLSH College. This intensive program helps students build the confidence, language skills and cultural awareness they need for a smooth transition into schooling and life in Adelaide. Throughout the course, students are regularly assessed to monitor their progress and ensure they are ready to enter the College. Depending on individual needs, some students may require fewer or more weeks of English preparation.

Students wishing to enter OLSH College directly must demonstrate a strong level of English proficiency in reading, writing, speaking and understanding. While a formal language test (such as IELTS or equivalent) is not compulsory, it is beneficial.





♥ Contact Us

For international enrolment enquiries, please contact:

International Programs Officer
international@olsh.catholic.edu.au



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